

REJOICE!

PHILIPPIANS 4:4-9

4REJOICE IN THE LORD ALWAYS. I WILL SAY IT AGAIN: REJOICE! 5LET YOUR GENTLENESS BE EVIDENT TO ALL. THE LORD IS NEAR. 6DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERY SITUATION, BY PRAYER AND PETITION, WITH THANKSGIVING, PRESENT YOUR REQUESTS TO GOD. 7AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS.

8FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. 9WHATEVER YOU HAVE LEARNED OR RECEIVED OR HEARD FROM ME, OR SEEN IN ME—PUT IT INTO PRACTICE. AND THE GOD OF PEACE WILL BE WITH YOU.

1. REJOICING(VS 4)

➤ 2 Consider it pure joy, my brothers and sisters ,whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything. (James 1:2-4)

➤ 16 Rejoice always, (1 Thessalonians 5:16)

2. LET IT BE SEEN BY EVERYONE(VS5)

- 12. My command is this: Love each other as I have loved you.

Quote:

For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone.

Audrey Hepburn

3.DO NOT BE ANXIOUS(VS6)

ANXIETY: A FEELING OF WORRY, NERVOUSNESS, OR UNEASE ABOUT SOMETHING WITH AN UNCERTAIN OUTCOME. "HE FELT A SURGE OF ANXIETY"

SYMONYMS : WORRY, CONCERN, AGITATION, NERVOUSNESS, FEAR...

4. PRAY!

- but in every situation, by prayer and petition, with thanksgiving, present your requests to God (Phil 4:6b)
- 17 Pray without ceasing (1 Thes 5:17)
- 2 We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. ^a Because of the joy ^b awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne (Heb 12:2)

5. STAY POSITIVE

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.